

# Special Bando Ceremony

**Douglas Community Center**

Leesburg, Virginia  
Sunday May 30, 2004  
11:00A.M.-1:00 P.M.

**Special Guest: The Honorable U Linn Myaing**  
Myanmar Ambassador to the United States

## Schedule of Events

[Master of Ceremonies: **John McNeill**, President of the American Bando Association]

1. **Myanmar National Anthem/ American National Anthem ..... [All rise]**
2. **Introduction of Myanmar Ambassador..... Joe Manley**  
[Former President of the American Bando Association]
3. **Mission Statement of the American Bando Association... Robert Maxwell**  
[Former President of the American Bando Association]
4. **Demonstrations ..... ABA Members**
5. **Work of Dr. U Maung Gyi in America..... U Soe Lin**  
[Leading member of the American Bando Association]
6. **Presentation ..... Myanmar Ambassador U Linn Myaing**
7. **Remarks..... Dr. U Maung Gyi**  
[Chief Instructor of the American Bando Association]
8. **Closing Statement..... John McNeill**  
[President of the American Bando Association]
9. **End of Ceremony..... All members shake hands with the Ambassador**

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**May the friendship between America and Myanmar remain strong.**

# Special Bando Demonstration

Presented by  
**The American Bando Association**

To Honor

**The Honorable U Linn Myaing**

[Myanmar Ambassador to the United States of America]

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## Order of Demonstrations

[1-2 Minutes Each]

[Master of Ceremonies: John McNeill, President of The American Bando Association]

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|-----|--|--|
| 1.  | Mandalay Pongyi Dhot [modified form].....          | <b>Women of Bando</b><br><i>[Leader Debbie Kirkman]</i>  |
| 2.  | Shan Dhot [modified form].....                     | <b>Men of Bando</b><br><i>[Leader Chet Buffington]</i>   |
| 3.  | Gurkha Kukri Drill Set-1 [modified Bahadoo drills] | <b>Georgia Bando Team</b><br><i>[Leader Gary Layton]</i>   |
| 4.  | Wild Boar System [modified Talaing form].....      | <b>Ray Jones [Virginia]</b><br><i>[2004 ABA Tournament Director]</i>   |
| 5.  | Min Dha [modified Shan form].....                  | <b>Philadelphia Team</b><br><i>[Leader Kenneth Corl]</i>   |
| 6.  | Min Zin [Earth, Air and Water].....                | <b>Women of Bando</b><br><i>[Leader Debbie Kirkman]</i>  |
| 7.  | Himalayan Eagle System [modified Rawang form]      | <b>Rene Cammarata</b><br><i>[National Bando Form Champion]</i>   |
| 8.  | Indian Club Exercises .....                        | <b>Baltimore Bando Team</b><br><i>[Leader Dr. Duvon Winborne]</i>  |
| 9.  | Cobra System [modified Arakan form].....           | <b>Officer Jason Boyer</b><br><i>[National Bando Boxing Champion]</i>  |
| 10. | Gurkha Kukri Drill Set-2 [modified Bahadoo drills] | <b>Philadelphia Team</b><br><i>[Leader Frank Benasutti]</i>  |
| 11. | Kachin Dhot Drill [modified Duwa exercises]        | <b>Matthew Kish &amp; Ethan Minor</b><br><i>[National Form and Fighting Champion]</i>  |
| 12. | Bando Free Fighting [Women] .....                  | <b>Mimi Quinn &amp; Andrea Delaney</b><br><i>[National Fighting Champions]</i>   |
| 13. | Bando Free Fighting [Men].....                     | <b>Chet Buffington &amp; Rene Cammarata</b><br><b>Jason Boyer &amp; Matthew Kish</b><br><i>[National Bando Fighting Champions]</i> |
| 14. | Kabo Razi Dha [modified Rawang Tribe form].....    | <b>Women of Bando</b><br><i>[Leader Debbie Kirkman]</i>  |
| 15. | Bama Ngat Kadaw Mogok Form .....                   | <b>All Members of Demonstration Teams</b>  |
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**NOTE:** In the United States, the term "Bando" is used in place of "Bama Thaing" for easier pronunciation and recognition by martial arts practitioners, as Budo or Judo is used in Japan. Modern American Bando incorporates several martial arts systems, which include

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|---------|------------------------------|
| 1) Dhoe | [Empty hand systems]         |
| 2) Dhot | [stick and staff systems]    |
| 3) Dha  | [short & long sword systems] |
- .....